








# Save Power, Save Money

## Tips on how to manage your power bills

	<b>IRONING</b>	<ul style="list-style-type: none"> <li>• Iron clothes while still damp. You spend less energy and less time removing creases.</li> <li>• Use a flat iron with a heat control knob so that you can regulate the amount of heat.</li> <li>• Iron many clothes at once. A flat iron uses more power as it heats up than it does to stay hot.</li> <li>• Switch off your flat iron when you're done using it.</li> </ul>
	<b>HEATING</b>	<ul style="list-style-type: none"> <li>• Instant water heaters take a shorter time to heat water and use less energy.</li> <li>• When heating water over a cooking stove, keep the container covered to retain heat.</li> </ul>
	<b>COOKING</b>	<ul style="list-style-type: none"> <li>• Prepare all the items you intend to cook before you turn on the heat source.</li> <li>• Old appliances tend to require more energy before heating up fully. Try to replace them.</li> <li>• Switch off cooking appliances when not in use.</li> <li>• Save energy by cooking all at once.</li> <li>• Cover saucepans to retain heat and avoid warming food frequently.</li> <li>• Food flasks help to retain heat in food.</li> </ul>
	<b>LIGHTING</b>	<ul style="list-style-type: none"> <li>• When not in use, switch off lights.</li> <li>• Energy saving bulbs save you more in the long run.</li> <li>• Use natural light as much as possible.</li> <li>• Switch off security lights as soon as there's daylight.</li> </ul>
	<b>COOLING</b>	<ul style="list-style-type: none"> <li>• The larger the fridge, the more power it will consume.</li> <li>• Clean your fridge often. Emphasis should be placed on condenser coils, fins and the motor.</li> <li>• Defrost your fridge regularly. Frost makes your fridge work harder and use more power.</li> <li>• Shutting your fridge door lightly causes the fridge to work harder and use more power.</li> <li>• Leave a space between the fridge and other furniture to facilitate ventilation and help it work more efficiently.</li> </ul>