

ENHANCING PERSONAL AND GROUP CREATIVITY

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How?

- Step Away from the Screen.
 - TV
 - Computer
 - Tablet
 - Phone and
 - Just brainstorm on a whiteboard.
- The IT applications can sometime waste time and kill originality


How?

- Work Backwards.
 - First set goals and boost your imagination (Look at your chair now, what can be done to make it better?)
 - Do not look at how for the start rather make your imagination bolder
 - Look around for possibilities of getting started

How?

- Develop a creativity log book/journal
 - The mind is too fast and sometimes it drops key ideas
 - No thought is too small, and no idea is too
 - You never know what word or phrase is going to spark the next big idea.
 - Find somewhere prominent to keep ideas displayed, such as an idea board or whiteboard.

How?

- Take Mental Breaks and brain retreats.
 - Always find special time to reflect on your research and creations
 - Revisit your imaginations and challenge your Mathematical Intelligence
 - Draw thinking patterns and Reverse them 
 - It's practically impossible to nurture creativity in a tired, burned-out brain.

How?

- Go Out for a Drink or Movie
 - Which drink makes you more creative?



How?

- Meet with Groups of **Creative** Thinkers.

How?

- Day Dream.
 - This boosts your power of imagination

Group exercise *(7 Minutes each)*

- Group 1:
 - Develop an idea of an attractive, safe, and strong bridge for Katonga River
- Group 2
 - Develop a new structure at CEDAT that can be a tourist resource to Uganda
- Group 3
 - Develop an idea of a sports and luxury vehicle that has accessories being the current one in the market
- Group 4
 - Develop an educational App for Engineering students (Make the functionality beyond WhatsApp, MUELE, Zoom, Webex)